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| **WEEK 1** | **Monday**  Primary Menu September 2021  2020 | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | |
| MAIN COURSE | Sausage in Gravy  With  Mashed Potatoes  (G, S) | Mild Chicken  Korma Curry with  50/50 Rice  (M) | | Roast Chicken  with  Roast Potatoes  Gravy | | Beef Pasta  Bolognaise  Topped with Cheese Sauce  Garlic Bread  (G, M) | | Fish  with  Chips  (G, F) | |
| VEGETARIAN | Cheese & Leek Sausage in Gravy  with  Mashed Potatoes  (G, M, Mu) | Mild Quorn  Korma Curry with  50/50 Rice  (M) | | Cheese &  Tomato Whirl  with  Roast Potatoes  (G, M) | | Roasted Vegetable  Pasta Bake  Topped with Cheese Sauce  Garlic Bread  (G, M) | | Vegetable Fingers  with  Chips  (G) | |
| VEGETABLES | Veg of the Day | Peas | | Mixed Vegetables | | Diced Carrots | | Peas & Sweetcorn | |
| DESSERT | Blueberry Muffin  (E, M, G, May Contain So & Sesame Seeds)  Fresh fruit or Yogurt  (M) | Homemade  Cookie (G)  Or  Fresh fruit or Yogurt  (M) | | Sponge of the Day  (G, E)  Or  Fresh fruit or Yogurt  (M) | | Flapjack  Or  Fresh fruit or Yogurt  (M) | | Ice–cream (M)  Or  Fresh fruit or Yogurt  (M) | |
| Packed Lunches |  | | | | | | | | |
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| **WEEK 2** | **Monday** | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** |
| MAIN COURSE | Cheese & Ham  Pasta Bake  (G, M) | | Cheese & Tomato Pizza  With  Potato Wedges  (G ,M) | | Roast Chicken  with  Roast Potatoes  Gravy | | Beef Lasagne  with  Garlic Bread  (G, M) | | Chicken Burger  In a Bun  With  Chips  (G, C, Sesame Seed) |
| VEGETARIAN | Jacket Potato  With  Cheese & Beans  (M) | | Cheese & Tomato Pizza  With  Potato Wedge  (G, M) | | Quorn Fillet  with  Roast Potatoes  Gravy  (E) | | Vegetable Lasagne  With  Garlic Bread  (G, M) | | Vegetable Burger  In a Bun  With Chips  (G, Sesame Seed) |
| VEGETABLES | Carrots | | Spaghetti Hoops (G) | | Mixed Vegetables | | Mixed Salad | | Peas |
| DESSERT | Apple Flapjack  Or  Fresh fruit or Yogurt  (M) | | Chocolate Sponge Chocolate Sauce  (M, G)  or  Fresh fruit or Yogurt (M) | | Rock Cake  (G, E)  Or  Fresh Fruit or Yogurt (M) | | Sponge of the Day  (G, E)  Or  Fresh fruit or Yogurt  (M) | | Ice–cream  Or  Fresh fruit or Yogurt  (M) |
| Packed Lunches |  | | | | | | | | |
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| **WEEK 3** | **Monday** | | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** |
| MAIN COURSE | Cottage Pie | | Mild Chicken  Korma Curry with  50/50 Rice  (M) | | Toad in the Hole  with  Roast Potatoes  Gravy  (E, M, G) | | BBQ Chicken  and  Grilled Cheese  With Savoury Rice  (M) | | Fish Fingers  with  Chips  (G, F) |
| VEGETARIAN | Jacket Potato  Cheese & Beans  (M) | | Sweet Potato  Squash & Lentil Curry with  50/50 Rice  (M) | | Vegetarian  Toad in the Hole  with  Roast Potatoes  (G, M, E, Mu) | | BBQ Quorn  And  Grilled Cheese  With Savoury Rice  (M, E) | | Vegetable Fingers  With  Chips  (G) |
| VEGETABLES | Broccoli | | Peas | | Mixed Vegetables | | Sweetcorn | | Baked Beans |
| DESSERT | Fruit Crumble  & Custard (G, M)  Or  Fresh fruit or Yogurt (M) | | Fruit Jelly  Or  Fresh fruit or Yogurt  (M) | | Fairy Cake (G, E)  Or  Fresh fruit or Yogurt  (M) | | Shortbread  (G)  Or  Fresh fruit or Yogurt  (M) | | Ice-cream (M)  Or  Fresh fruit or Yogurt  (M) |
| Packed Lunches |  | | | | | | | | |

G Contains Gluten, M Contains Milk, F Contains Fish, E Contains egg, C Contains Celery, S Contains Sulphites, Mu Contains Mustard, So Contains Soya.

Any questions please email [lstacey2@educ.somerset.gov.uk](mailto:lstacey2@educ.somerset.gov.uk)

To ensure food quality it may be necessary on occasions to offer a suitable alternative to those shown.