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| **WEEK 1** | **Monday** Primary Menu September 2021 2020 | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Sausage in GravyWithMashed Potatoes(G, S) |  Mild ChickenKorma Curry with50/50 Rice(M) | Roast ChickenwithRoast PotatoesGravy | Beef PastaBolognaiseTopped with Cheese SauceGarlic Bread(G, M) | FishwithChips(G, F) |
| VEGETARIAN | Cheese & Leek Sausage in GravywithMashed Potatoes(G, M, Mu) | Mild Quorn Korma Curry with 50/50 Rice(M) | Cheese &Tomato WhirlwithRoast Potatoes(G, M) | Roasted VegetablePasta BakeTopped with Cheese SauceGarlic Bread(G, M) | Vegetable FingerswithChips(G) |
|  VEGETABLES | Veg of the Day | Peas | Mixed Vegetables | Diced Carrots | Peas & Sweetcorn |
| DESSERT | Blueberry Muffin(E, M, G, May Contain So & Sesame Seeds)Fresh fruit or Yogurt(M) | HomemadeCookie (G)OrFresh fruit or Yogurt(M) | Sponge of the Day(G, E)OrFresh fruit or Yogurt(M) | Flapjack OrFresh fruit or Yogurt(M) | Ice–cream (M)OrFresh fruit or Yogurt(M) |
| Packed Lunches |  |
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| **WEEK 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Cheese & HamPasta Bake(G, M) | Cheese & Tomato PizzaWithPotato Wedges(G ,M) | Roast ChickenwithRoast PotatoesGravy | Beef LasagnewithGarlic Bread(G, M) | Chicken BurgerIn a BunWithChips (G, C, Sesame Seed) |
| VEGETARIAN | Jacket PotatoWithCheese & Beans(M) | Cheese & Tomato PizzaWithPotato Wedge(G, M) | Quorn FilletwithRoast PotatoesGravy(E) | Vegetable LasagneWithGarlic Bread(G, M) | Vegetable BurgerIn a BunWith Chips(G, Sesame Seed) |
| VEGETABLES | Carrots | Spaghetti Hoops (G) | Mixed Vegetables | Mixed Salad | Peas |
| DESSERT | Apple FlapjackOrFresh fruit or Yogurt(M) | Chocolate Sponge Chocolate Sauce(M, G)orFresh fruit or Yogurt (M) | Rock Cake(G, E)OrFresh Fruit or Yogurt (M) | Sponge of the Day(G, E)OrFresh fruit or Yogurt(M) | Ice–creamOrFresh fruit or Yogurt(M) |
| Packed Lunches |  |
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| **WEEK 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Cottage Pie | Mild ChickenKorma Curry with50/50 Rice(M) | Toad in the HolewithRoast PotatoesGravy(E, M, G) | BBQ Chicken and Grilled CheeseWith Savoury Rice(M) | Fish Fingers withChips(G, F) |
| VEGETARIAN | Jacket PotatoCheese & Beans(M) | Sweet PotatoSquash & Lentil Curry with 50/50 Rice(M) | Vegetarian Toad in the Holewith Roast Potatoes(G, M, E, Mu) | BBQ QuornAndGrilled CheeseWith Savoury Rice(M, E)  | Vegetable FingersWithChips(G) |
| VEGETABLES | Broccoli | Peas | Mixed Vegetables | Sweetcorn | Baked Beans |
| DESSERT | Fruit Crumble& Custard (G, M)OrFresh fruit or Yogurt (M) | Fruit JellyOrFresh fruit or Yogurt(M) | Fairy Cake (G, E)OrFresh fruit or Yogurt(M) | Shortbread(G)OrFresh fruit or Yogurt(M) | Ice-cream (M)OrFresh fruit or Yogurt(M)  |
| Packed Lunches |  |

G Contains Gluten, M Contains Milk, F Contains Fish, E Contains egg, C Contains Celery, S Contains Sulphites, Mu Contains Mustard, So Contains Soya.

Any questions please email lstacey2@educ.somerset.gov.uk

To ensure food quality it may be necessary on occasions to offer a suitable alternative to those shown.