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| --- | --- | --- | --- | --- | --- |
| **WEEK 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Sausage in Gravy  With  Boiled Potatoes  (G, S,) | Chicken Curry in a Tomato Base  with  50/50 Rice | Roast Chicken  with  Roast Potatoes  Gravy  (G) | Beef Pasta Bolognaise  Topped with Vegan Cheese  (G) | Fish  with  Chips  (G,F) |
|  |  |  |  |  |  |
| VEGETABLES | Veg of the Day | Peas | Mixed Vegetables | Diced Carrots | Peas & Sweetcorn |
| DESSERT | Flapjack  or  Fresh fruit | Homemade  Cookie  Or  Fresh fruit  (G,) | Egg Less Sponge of the Day (G)  Or  Fresh fruit | Flapjack  Or  Fresh fruit  (G,) | Jelly Pot  Or  Fresh fruit |
|  |  |  |  |  |  |
| **WEEK 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Jacket Potato  Vegan Cheese  &  Baked Beans | Vegan Cheese & Tomato  Pizza  With  Potato Wedges  (G) | Roast Chicken  Gravy  with  Roast Potatoes  (G) | Beef  Lasagne (NO EGG)  (Oat milk &  Vegan cheese)  (G) | Chicken Burger  in a Bun  With  Chips  (G, C, May Sesame Seeds) ) |
|  |  |  |  |  |  |
| VEGETABLES | Carrots & Peas | Spaghetti Hoops (G) | Mixed Vegetables | Sweetcorn | Peas |
| DESSERT | Apple Flapjack  Or  Fresh fruit | Egg Less Chocolate Sponge  Oat Milk Chocolate Sauce  Or  Fresh fruit  (G) | Flapjack  Or  Fresh Fruit  (G,) | Egg Free Cup Cake  Or  Fresh fruit  (G) | Jelly Pot  Or  Fresh fruit |
|  |  |  |  |  |  |
| **WEEK 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Cottage Pie | Sweet Potato & Squash  Curry  50/50 Rice | Sausage  with  Roast Potatoes  Gravy  (G, S) | BBQ Chicken with Grilled  Vegan Cheese  &  Savoury Rice | Fish Fingers  With  Chips  (G, F,) |
| VEGETARIAN |  |  |  |  |  |
| VEGETABLES | Broccoli | Peas | Mixed Vegetables | Sweetcorn | Baked Beans |
| DESSERT | Fruit crumble  Oat base Milk Custard (G)  Or  Fresh fruit | Fruit Jelly  Or  Fresh fruit | Egg Less Fairy Cake  (G)  Or  Fresh fruit | Shortbread  (G)  Or  Fresh fruit | Jelly Pot  Or  Fresh fruit |

**ANIMAL MILK, SOYA & EGG FREE MENU**

2020

G Contains Gluten, M Contains Milk, F Contains Fish, E Contains egg, C Contains Celery, S Contains Sulphites, Mu Contains Mustard, So Contains Soya.

Any questions please email [lstacey2@educ.somerset.gov.uk](mailto:lstacey2@educ.somerset.gov.uk)

To ensure food quality it may be necessary on occasions to offer a suitable alternative to those shown.