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| **WEEK 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Sausage in Gravy  With  Boiled Potatoes  (G, S, So) | Mild  Chicken Curry with  50/50 Rice | Roast Chicken  with  Roast Potatoes  Gravy  (G) | Meatballs  In a Tomato Sauce  Pasta  (G, S. So) | Fish  with  Chips  (G,F) |
| VEGETARIAN |  | Quorn Curry with 50/50 Rice  (E) |  | Sweet Potato Falafels in a Tomato Sauce with Pasta  (G, So) | Cheesy Pizza with chips  (Vegan cheese)  (G,) |
| VEGETABLES | Peas & Sweetcorn | Peas | Mixed Vegetables | Green Beans | Baked Beans |
| DESSERT | Fruity Flapjack  or  Fresh fruit | Homemade  Cookie  Or  Fresh fruit  (G,) | Fruit jelly  Or  Fresh fruit | Chocolate Sponge & Sauce  Or  Fresh fruit  (G,E,) | Vegan ice-cream  Or  Fresh fruit |
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| **WEEK 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Homemade  Mild  Chicken Curry with  50/50 Rice | Beef Lasagne  With  Garlic Bread  (Soya milk, Vegan cheese)  (G,) | Roast Turkey  Gravy  with  Roast Potatoes  (G) | Cheese & Pepperoni  Pizza  With  Potatoes  (Vegan cheese)  (G,) | Hot Dog  in a Bun  With  Chips  (G, S ,So) |
| VEGETARIAN | Quorn Curry  with  50/50 Rice  (E) | Vegetable Lasagne  With  Garlic Bread  (Soya milk, Vegan cheese)  (G,) |  | Margherita Pizza  With  Potatoes  (Vegan cheese)  (G,) |  |
| VEGETABLES | Peas | Mixed  Salad | Peas/Carrots | Sweetcorn | Whole-wheat  Spaghetti Hoops  (G) |
| DESSERT | Flapjack  Or  Fresh fruit | Sponge of the  Day  Or  Fresh fruit  (G,E,) | Homemade  Shortbread  Or  Fresh Fruit  (G,) | Cup Cake  Or  Fresh fruit  (G,,E) | Vegan Ice–cream  Or  Fresh fruit |
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| **WEEK 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MAIN COURSE | Ham & Vegan cheese pizza with chips | Mild Chilli Con  Carni  with Rice | Roast Chicken  with  Roast Potatoes  Gravy  (G) | Sausage & Tomato  Pasta Bake  (G,S,) | Fish fingers with  mashed potato  (G, F,) |
| VEGETARIAN | Quorn  Tomato Chilli  with Rice  (E) | Jacket Potato  With Cheese  (Vegan Cheese) | Stuffed Pepper  with  Roast Potatoes | Cheesy Pasta  (G, Mu)  (Vegan cheese & Soya milk) | Vegetable Fingers  With  Chips  (G) |
| VEGETABLES | Baked Beans | Sweetcorn | Peas & Carrots | Diced carrots | Baked Beans |
| DESSERT | Flapjack  Or  Fresh fruit  (M) | Fruit cookie  Or  Fresh fruit  (G,E,) | Chocolate Krispie Cake  Or  Fresh fruit | Sponge of the Day  Or  Fresh fruit  (G,E,) | Vegan Ice-cream  Or  Fresh fruit |

ANIMAL MILK FREE MENU

2020

G Contains Gluten, M Contains Milk, F Contains Fish, E Contains egg, C Contains Celery, S Contains Sulphites, Mu Contains Mustard, So Contains Soya.

Any questions please email [lstacey2@educ.somerset.gov.uk](mailto:lstacey2@educ.somerset.gov.uk)

To ensure food quality it may be necessary on occasions to offer a suitable alternative to those shown.