

Compulsory daily plan				
Monday 22 <sup>nd</sup> February	Tuesday 23 <sup>rd</sup> February	Wednesday 24 <sup>th</sup> February	Thursday 25 <sup>th</sup> February	Friday 26 <sup>th</sup> February
<p><b>Enrichment morning</b></p> <p><b>Task 1:</b> Create your own HEPS@home poster and put this in the window of your house. Later on, go for a walk and see how many different posters you can see!</p> <p><b>Task 2:</b> We are learning about superheroes in English now. I would like you to think about what type of superhero you would be. What would your name be? What would your super power be? What would you superhero suit look like? Design yourself as a superhero, writing captions to explain your drawing. You can even make a mask and pretend to be your superhero today!</p>	<p>DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> <li>• <b>Hit the button- Number bonds to 10</b> Developing/Secure- Number bonds to 10 Mastery- Number bonds to 20 <a href="https://www.topmarks.co.uk/maths-games/hit-the-button">https://www.topmarks.co.uk/maths-games/hit-the-button</a></li> <li>• <b>White Rose Maths: One more and one less</b> <a href="https://vimeo.com/503093120">https://vimeo.com/503093120</a> <b>23<sup>rd</sup> Feb English planning</b></li> </ul>	<p>DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> <li>• <b>Topmarks: Place Value Basketball</b> <a href="https://www.topmarks.co.uk/learning-to-count/place-value-basketball">https://www.topmarks.co.uk/learning-to-count/place-value-basketball</a></li> <li>• <b>White Rose Maths: One more and one less</b> <a href="https://vimeo.com/503098045">https://vimeo.com/503098045</a></li> <li>• <b>24<sup>th</sup> Feb English planning</b></li> </ul>	<p>DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> <li>• <b>Topmarks: Place Value Charts</b> <a href="https://www.topmarks.co.uk/place-value/place-value-charts">https://www.topmarks.co.uk/place-value/place-value-charts</a></li> <li>• <b>White Rose Maths: Compare objects within 50</b> <a href="https://vimeo.com/503099894">https://vimeo.com/503099894</a></li> <li>• <b>25<sup>th</sup> Feb English planning</b></li> </ul>	<p>DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> <li>• <b>Topmarks: Bead Numbers</b> <a href="https://www.topmarks.co.uk/place-value/bead-numbers">https://www.topmarks.co.uk/place-value/bead-numbers</a></li> <li>• <b>White Rose Maths: Compare numbers within 50</b></li> <li>• <b>26<sup>th</sup> Feb English planning</b></li> </ul>
Enrichment activities				
Monday 22 <sup>nd</sup> February	Tuesday 23 <sup>rd</sup> February	Wednesday 24 <sup>th</sup> February	Thursday 25 <sup>th</sup> February	Friday 26 <sup>th</sup> February
<p>HEPS at Home Treasure Hunt</p> <p>Make your own HEPS@home picture or banner to place in your windows. Over the week, as part of your daily exercise, see if you can spot our pupils' handiwork as you walk around the neighbourhood! Don't forget to Tweet photos of your work.</p> <p>Superheroes are our next English topic. In order to be the best superhero, you need to make sure that you are fit, healthy and strong! Do the activities below to become the best superhero you can possibly be!</p> <p>PE</p> <p>LO: Improve your core strength and balance Use the activity cards and yoga cards to help improve your core strength and balance!</p>	<p>Music</p> <p>Body Percussion - Can you create a rainstorm using your body?</p> <p>Follow the Body Percussion sheet to create a rainstorm, then create your own body percussion for a different type of weather. Remember to tweet your results!</p>	<p>Science</p> <p>LO: To identify and name common animals and where they live.</p> <p>Use the Animal Grouping Key to help you fill in the Observing Animals' sheet. Then answer the 3 questions in your English book.</p>	<p>PSHE</p> <p>PSHE – Sun Safety and e-safety</p> <p>Fill in the missing words sheet – Sun Safety</p> <p>Create your own Sun Safety poster/leaflet using the Sun-Safety sheet</p> <p>As well as staying safe in the sun, we also need to stay safe online. Talk to an adult and think of 3 ways that you can stay safe when you use the internet.</p>	<p>DT</p> <p>Making a meal/cooking</p> <p>Help plan an evening meal. Think about how you can make it balanced. Talk to an adult about this and try to come up with a plan. Once you have decided, help to cook the meal.</p>

Suggested daily routine	
Before 09:00	Wake up
09:00	Academic time
10:30	Fresh air
11:00	Creative time
12:00	Lunch
12:30	Jobs
13:00	Quiet time
14:30	Academic time
15:30	Fresh air
17:00	Dinner
17:30	Screen time
18:00	Bedtime Routine

Eat breakfast, make your bed, get dressed, put your dirty washing in the laundry basket

Complete the compulsory Maths work

Wrap up warm and get some fresh air, play with outside pets, do some exercise which makes you puff out of breath, get on your bike, skip, take a walk

Complete the compulsory English work

Get the table ready

Wipe down the table and chairs in the kitchen and your workspace. Once these are complete you can have some screen time

Reading time

Enrichment activities and finishing off anything from the morning

Wrap up warm and get some fresh air, play with outside pets, do some exercise which makes you puff out of breath.

Get the table ready

Relax

Take a shower, pack away your clothes, ensure your bedroom is tidy, read or be read to



**Name:**

**Aller Pack 7**

**From Monday 22<sup>nd</sup> February 2021**

Email any questions to [HEPSathome@gmail.com](mailto:HEPSathome@gmail.com)

Next pack drop off and collect: Friday 5<sup>th</sup> March. Keep Target Your Maths book at home

Check Twitter each morning to see me with any extra instructions