

Compulsory daily plan				
Monday 1 <sup>st</sup> February	Tuesday 2 <sup>nd</sup> February	Wednesday 3 <sup>rd</sup> February	Thursday 4 <sup>th</sup> February	Friday 5 <sup>th</sup> February
<p><b>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</b></p> <p>Differentiated work inside the pack for developing, secure and mastery</p> <ul style="list-style-type: none"> <li>White Rose Maths: Watch the video <a href="https://vimeo.com/489845622">https://vimeo.com/489845622</a></li> <li>Target Your Maths: Yr. 3 – P 52 Day 1 of week 5 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>Mymaths (Login information is in your planner)</li> </ul>	<p><b>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</b></p> <p>Differentiated work inside the pack for developing, secure and mastery</p> <ul style="list-style-type: none"> <li>Target Your Maths: Yr. 3 – P53</li> <li>Day 2 of week 5 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>TTRockstars ( Login info on pack 1)</li> </ul>	<p><b>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</b></p> <p>Differentiated work inside the pack for developing, secure and mastery.’</p> <ul style="list-style-type: none"> <li>White Rose Maths: Watch the video <a href="https://vimeo.com/494126561">https://vimeo.com/494126561</a></li> <li>Then complete White Rose worksheet labelled Wednesday (Divide 2 digit by 1 digit (3)).</li> <li>Target Your Maths: Yr. 3 – P 54 Day 3 of week 5 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>Mymaths (Login information is in your planner)</li> </ul>	<p><b>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</b></p> <p>Differentiated work inside the pack for developing, secure and mastery.’</p> <ul style="list-style-type: none"> <li>White Rose Maths: Watch the video <a href="https://vimeo.com/494127943">https://vimeo.com/494127943</a></li> <li>Then complete White Rose worksheet labelled Thursday (Scaling)</li> <li>Day 4 of week 5 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>TTRockstars – ( Login info on pack 1)</li> </ul>	<p><b>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</b></p> <p>Differentiated work inside the pack for developing, secure and mastery.’</p> <ul style="list-style-type: none"> <li>Target Your Maths: Yr. 3 – P55 +-</li> <li>White Rose Maths: Watch the video <a href="https://vimeo.com/496812718">https://vimeo.com/496812718</a></li> <li>Then complete White Rose worksheet labelled Friday (How many ways).</li> <li>Day 5 of week 5 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>Mymaths (Login information is in your planner)</li> </ul>

Enrichment activities				
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<p><b>History</b></p> <p><b>LO –Family Trees</b></p> <p>Family trees are really important for a Royal family as it helps decide who will be King and Queen next. Look at the example of a family tree. Who goes at the top? Who goes at the bottom? Why do some people go next to each other? Are all family trees the same?</p> <p>Complete your own family tree using the example in the pack, or create your own in your own way. You can use real photographs if you choose or draw your own pictures as well as write people’s names down.</p>	<p><b>Science</b></p> <p><b>LO – Basic needs</b></p> <p>Imagine you are on the desert island you drew or made last week. Imagine you have been there for a long time. You might need things for your survival or you might’ve run out of other things. People who used to get stuck on islands used to write a note and post it back in the sea. This was a ‘message in a bottle’. The bottle would float away to be found by someone. So your task is to write your message in a bottle. You must write down how you have survived this long (how did you eat and drink etc) and write down what you might need to help you survive longer. You could put this in a bottle too ...just don’t throw it in the sea/river!</p>	<p><b>PE</b></p> <p><b>Fitness.</b></p> <p>Using the sheets in the pack, first learn and practise how to do all of the activities. Then working with someone at home, record your progress on the fitness chart whilst completing each activity for 1 minute. You can practise through the week and see if you can beat your scores next week?</p>	<p><b>RE</b></p> <p><b>LO – Samson</b></p> <p>In your last piece of RE you learnt the story of Samson and Delilah. Today I’d like you to draw Samson in the middle of a page and then around the outside, I’d like you to write down how he feels or what he is thinking in different parts of the story.</p> <p>For example he might be thinking at the beginning “ I’m so strong and wonderful, no strength challenge is ever too great for me.”</p> <p>Does he think the same all the way through the story?</p>	<p><b>DT</b></p> <p><b>Cookery</b></p> <p>Your challenge is to cook or bake something with somebody in the house? I’ve already seen pizzas, curries and buns being made. Decide what you want to bake, follow some instructions carefully and learn how to cook something with somebody.</p> <p><b>ALWAYS WORK WITH AN ADULT SO YOU CAN BE SAFE IN THE KITCHEN.</b></p>

Suggested daily routine		
Before 09:00	Wake up	Eat breakfast, make your bed, get dressed, put your dirty washing in the laundry basket
09:00	Academic time	Complete the maths and English work in the top box
10:00	Fresh air	Wrap up warm and where possible gets some fresh air and exercise that gets you out of breath and your body working harder e.g. go for a walk, go for a cycle.
11:00	Creative time	Start or complete your creative project from the enrichment activity box
12:00	Lunch	Get the table ready
12:30	Jobs	Wipe down the table and chairs in the kitchen and your workspace. Once these are complete you can have some screen time
13:00	Quiet time	Reading time
14:30	Academic time	Finish any incomplete work from the morning and then complete online learning
16:00	Exercise time	Complete some ‘Cosmic Yoga’ <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a>
17:00	Dinner	Get the table ready
17:30	Screen time	Relax
18:30	Bedtime routine	Take a shower, pack away your clothes, ensure your bedroom is tidy, read or be read to