



# HEPS at Home Plan for Sedgemoor - Pack 1

| Compulsory daily plan  |   |   |   |
|--|---|---|---|
|  | Wednesday 6 <sup>th</sup> January   | Thursday 7 <sup>th</sup> January  | Friday 8 <sup>th</sup> January  |
| These will be delivered to you on Tuesday by a member of staff. Please keep these at home to use each week: <ul style="list-style-type: none"> <li>Bug Club Reading Book.</li> <li>Logon to <a href="http://www.Activelearn.com">www.Activelearn.com</a> to listen to the text if you need to. Username is <b>Sedgemoor</b> and password is <b>Cat123</b></li> <li>Target Your Maths workbook Y2 (or copies as appropriate)</li> <li>Mymaths login information is in your planner.</li> <li>TTRockstar log in info is stuck on the front cover.</li> </ul> | USUAL DATE AND LO WRITTEN IN YOUR BOOKS <ul style="list-style-type: none"> <li><b>White Rose</b> – Odd and even numbers</li> <li><b>Yr2 Target your maths</b> pg 22</li> <li>Day 1 of week 1 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>Mymaths (Login information is in your planner)</li> </ul> | USUAL DATE AND LO WRITTEN IN YOUR BOOKS <ul style="list-style-type: none"> <li><b>White Rose</b> – Divide by 5</li> <li><b>Yr2 Target your maths</b> pg 48</li> <li>Day 2 of week 1 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>TTRockstars – Your log in is in your pack</li> </ul> | USUAL DATE AND LO WRITTEN IN YOUR BOOKS <ul style="list-style-type: none"> <li><b>White Rose</b> – Divide by 10</li> <li><b>Yr2 Target your maths</b> pg 49</li> <li>Day 3 of week 1 English planning which covers Reading, Handwriting, Spelling and Writing.</li> <li>Mymaths (Login information is in your planner)</li> </ul> |

| Enrichment activities  |   |  |  |
|--|---|--|--|
|  | Wednesday 6 <sup>th</sup> January   | Thursday 7 <sup>th</sup> January   | Friday 8 <sup>th</sup> January   |
| Enrichment activities can be done in the yellow exercise book where appropriate. | Art<br><b>LO – Piet Mondrian</b><br>This term we are going to be looking at the art of Piet Mondrian.<br><a href="https://www.tate.org.uk/kids/explore/who-is/who-piet-mondrian">https://www.tate.org.uk/kids/explore/who-is/who-piet-mondrian</a><br>Use the link to find out about him. Make a fact file about key information you find out about him. This can include writing and pictures to show the information. | Computing<br><b>LO – Giving simple commands</b><br>We will start some programming this term. You will need a partner who will be a robot. You have to move them around the house using the instructions <b>forward, left, right, back</b> . Start by given them one instruction at a time. Then try a sequence of instructions to move them from one room to another. If your sequence fails, try to improve it to make it work. | Geography<br><b>LO - Rivers</b><br>This task can be a written task, picture, poster, model or some other idea you may have. We are going to be looking at some physical geography, basically how the land changes around us. So I'd like you look at the features of a river.<br><a href="https://www.bbc.co.uk/teach/class-clips-video/geography-ks1--ks2-rivers/z6qs4j">https://www.bbc.co.uk/teach/class-clips-video/geography-ks1--ks2-rivers/z6qs4j</a> |

| Suggested daily routine |                 |   |   |
|-------------------------|-----------------|---|---|
| Before 09:00            | Wake up         |   | Eat breakfast, make your bed, get dressed, put your dirty washing in the laundry basket   |
| 09:00                   | Academic time   |   | Complete the maths and English work in the top box  |
| 10:00                   | Fresh air       | Wrap up warm and where possible gets some fresh air and exercise that gets you out of breath and your body working harder e.g. go for a walk, go for a cycle. |   |
| 11:00                   | Creative time   |   | Start or complete your creative project from the enrichment activity box  |
| 12:00                   | Lunch           |   | Get the table ready   |
| 12:30                   | Jobs            | Wipe down the table and chairs in the kitchen and your workspace. Once these are complete you can have some screen time                                       |   |
| 13:00                   | Quiet time      |   | Reading time  |
| 14:30                   | Academic time   |   | Finish any incomplete work from the morning and then complete online learning   |
| 16:00                   | Exercise time   |   | Complete some 'Cosmic Yoga' <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a> |
| 17:00                   | Dinner          |   | Get the table ready   |
| 17:30                   | Screen time     |   | Relax   |
| 18:30                   | Bedtime routine |   | Take a shower, pack away your clothes, ensure your bedroom is tidy, read or be read to  |

Email any questions to [HEPSathome@gmail.com](mailto:HEPSathome@gmail.com)

