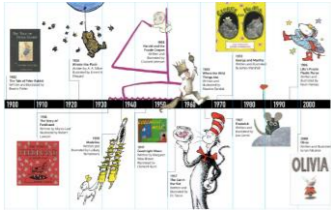



Compulsory daily plan

| Monday 25 th January | Tuesday 26 th January | Wednesday 27 th January | Thursday 28 th January | Friday 29 th January |
|--|---|---|--|--|
| <p>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> White Rose Maths: Watch the video https://vimeo.com/489849543 Target Your Maths: Yr. 3 – P48 or Yr. 4 – 49 but a different set of questions please. Choose a different section or make sure you do different sums from 22.1.21 Day 1 of week 4. English planning which covers Reading, Handwriting, Spelling and Writing. TT Rockstars | <p>USUAL DATE AND LO WRITTEN IN YOUR BOOK</p> <ul style="list-style-type: none"> White Rose Maths: Watch the video https://vimeo.com/489850121 Then complete White Rose worksheet labelled Tuesday Day 2 of week 4 English planning which covers Reading, Handwriting, Spelling and Writing. My Maths - Remember to try the lesson on My Maths to help you. | <p>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> White Rose Maths: Watch the video https://vimeo.com/489844871 Then complete White Rose worksheet labelled Wednesday Target Your Maths: Yr. 3 – P 49 or Yr. 4 – P 50 Day 3 of week 4 English planning which covers Reading, Handwriting, Spelling and Writing. TT Rock stars | <p>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> Target Your Maths: Yr. 3 P50 or Yr. 4 – 51 White Rose Maths: Watch the video https://vimeo.com/489845622 Then complete White Rose worksheet labelled Thursday. Day 4 of week 4 English planning which covers Reading, Handwriting, Spelling and Writing. TT rock stars | <p>USUAL DATE AND LO WRITTEN IN YOUR BOOKS</p> <ul style="list-style-type: none"> Target Your Maths: Yr. 3 - P51 or Yr. 4 – P52 Day 5 of week 4 English planning which covers Reading, Handwriting, Spelling and Writing. My Maths – ensure all tasks are complete on my Maths for the week. |

Enrichment activities

| Monday 25 th January | Tuesday 26 th January | Wednesday 27 th January | Thursday 28 th January | Friday 29 th January |
|--|--|--|--|---|
| <p>History</p> <p>L.O: To find out about George Stephenson's life and inventions.</p> <p>Using the information provided I would like you to create a Timeline of George Stephenson's life.</p> <p>Try to mark down on the timeline the most important events that took place. You can add pictures to this as well.</p> <p>Use DK Find out for research online as well as the fact sheet included in your pack.</p> <p>(The picture below shows you how you might set it out.)</p>  | <p>Science</p> <p>L.O: To identify that humans and some other animals have skeletons.</p> <p>Last week you might have managed to create your own skeleton as planned for on Pack 3. Today I would like you to use the sheet provided in your pack to label the bones of your skeleton.</p> <p>Challenge: Could you take this one step further and work out how a particular bone or set of bones might work? For example, a knee joint.</p> <p>Do you know where the smallest bone in the body is found? And which is the largest?</p> | <p>Music</p> <p>L.O: To listen to a classical piece of music and respond.</p> <p>https://www.bbc.co.uk/teach/ten-pieces/KS2-edvard-grieg-in-the-hall-of-the-mountain-king-from-peer-gynt/z7nf3k7</p> <p>Watch the second video clip on BBC and then draw what you think, feel, imagine in your books.</p> <p>You could create a story through pictures or a picture of what is conjured up in your head.</p> | <p>PSHE</p> <p>L.O: To create a self-care leaflet for peers.</p> <p>You have already made a poster to remind the people at home and yourself how to keep your body healthy. Today, I would like to create a leaflet to help someone look after, not only their body, but their mind as well. I am thinking of things such as ways to make us feel happy, calm or things we can try when we are feeling a bit cross or upset.</p>  | <p>P.E</p> <p>L.O: To improve my stamina.</p> <p>P.E with Joe Wicks. These will be found on You Tube.</p> <p>You can also use Cosmic Yoga on You Tube to stretch and warm down after your exercise.</p> |



Name:

Northmoor Pack 4

From Monday 25th January 2021

| Suggested daily routine | | |
|-------------------------|-----------------|---|
| Before 09:00 | Wake up | Eat breakfast, make your bed, get dressed, put your dirty washing in the laundry basket |
| 09:00 | Academic time | Complete the compulsory Maths work |
| 10:30 | Fresh air | Wrap up warm and get some fresh air, play with outside pets, do some exercise which makes you puff out of breath, get on your bike, skip, take a walk |
| 11:00 | Creative time | Complete the compulsory English work |
| 12:00 | Lunch | Get the table ready |
| 12:30 | Jobs | Wipe down the table and chairs in the kitchen and your workspace. Once these are complete you can have some screen time |
| 13:00 | Quiet time | Reading time |
| 14:30 | Academic time | Enrichment activities and finishing off anything from the morning |
| 16:00 | Fresh air | Wrap up warm and get some fresh air, play with outside pets, do some exercise which makes you puff out of breath. |
| 17:00 | Dinner | Get the table ready |
| 17:30 | Screen time | Relax |
| 18:30 | Bedtime Routine | Take a shower, pack away your clothes, ensure your bedroom is tidy, read or be read to |

Email any questions to HEPSathome@gmail.com



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|-------------|--|
| Epic! Books | www.getepic.com |
| Class code | lhp5338 |