

# HEPS at Home Plan for Sedgemoor - Pack 9

Compulsory daily plan					Resources to be kept at home
Monday 8 June	Tuesday 9 June	Wednesday 10 June	Thursday 11 June	Friday 12 June	
<ul style="list-style-type: none"> <li>White Rose – Add two 3 digit numbers</li> <li>Yr3 Target your maths P25</li> <li>Sunflower plant life cycle comprehension</li> <li>Revisit - Handwriting of Common Exception Words: pretty, beautiful (What is the trap with each word?)</li> <li>Diary entry</li> <li>TT Rockstars</li> </ul>	<ul style="list-style-type: none"> <li>White Rose – Subtract 3 digit numbers</li> <li>Yr3 Target your maths P27 (+Wed)</li> <li>A tale of two feathers comprehension (Shared reading on this please)</li> <li>Diary entry</li> <li>SPAG Number 4 (titled Year 2 Summer Term 2)</li> <li>MyMaths</li> </ul>	<ul style="list-style-type: none"> <li>White Rose – Subtract 3 digit numbers</li> <li>Yr3 Target your maths P27</li> <li>The zoo vet comprehension (Shared reading on this please)</li> <li>Revisit - Handwriting of Common Exception Words: after, fast, last, past (What is the trap with each word?)</li> <li>Diary entry</li> <li>TT Rockstars</li> </ul>	<ul style="list-style-type: none"> <li>White Rose – Estimate answers to calculations</li> <li>Yr3 Target your maths P28</li> <li>Rainforests comprehension</li> <li>Diary entry</li> <li>SPAG Number 5 (titled Year 2 Summer Term 2)</li> <li>MyMaths</li> </ul>	<ul style="list-style-type: none"> <li>White Rose - No worksheet today, please revisit an aspect of learning that needs a second look.</li> <li>No target your maths today – Please google – Hit the button and practise number bonds/ times tables</li> <li>Captain Tom Moore comprehension</li> <li>Revisit - Handwriting of Common Exception Words: father, class, grass, pass (What is the trap with each word?)</li> <li>Diary entry</li> <li>TT Rockstars</li> </ul>	Pencil Pencil sharpener Ruler Glue Exercise books Week 1 work pack
					Self assessment sticker

Enrichment activities					Resources to be returned
Monday 8 June	Tuesday 9 June	Wednesday 10 June	Thursday 11 June	Friday 12 June	
<b>Science – Plants - Seeds</b> All plants come from a seed. These seeds grow on the plant and then are replanted in different ways. Look at the sheet about the sycamore seed. Try and make your own sycamore seeds using the sheet as a guide. As a little challenge, who can make the sycamore seed model fly for the longest? <u><a href="#">How to make a helicopter seed sheet</a></u>		<b>PE – Cosmic yoga</b> Revisit an activity we did in an earlier pack. Explore Cosmic Yoga and find one of the videos you'd like to follow. <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a>		<b>Cook a dish or meal</b> Who can be the most creative?	Target your maths book Reading books:
					Self assessment sticker

Suggested daily routine		
Before 09:00	Wake up	Eat breakfast, make your bed, get dressed, put your dirty washing in the laundry basket
09:00	Academic time	Complete the maths and English work in the top box
10:00	Fresh air	Get some fresh air, play with outside pets, do some exercise which makes you puff out of breath, get on your bike, skip, take a walk
11:00	Creative time	Start or complete your creative project from the enrichment activity box
12:00	Lunch	Get the table ready
12:30	Jobs	Wipe down the table and chairs in the kitchen and your workspace. Once these are complete you can have some screen time
13:00	Quiet time	Reading time
14:30	Academic time	Finish any incomplete work from the morning and then complete online learning
16:00	Fresh air	Get some fresh air, play with outside pets, do some exercise which makes you puff out of breath, get on your bike, skip, take a walk
17:00	Dinner	Get the table ready
17:30	Screen time	Relax
18:30	Bedtime routine	Take a shower, pack away your clothes, ensure your bedroom is tidy, read or be read to