**HUISH EPISCOPI PRIMARY SCHOOL**

**Allergens for Summer Menu 2019**

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| **WEEK 1:**  | **WEEK 2:**  | **WEEK 3:**  |
| **Monday** | **Monday** | **Monday** |
| 1. Gluten, Cereal, Milk, Wheat, Soya
 | 1. Wheat.
 | 1. Wheat, Milk.
 |
| 1. Milk, Wheat, Rusk, Gluten Eggs.
 | 1. Wheat.
 | 1. Celery.
 |
| 1. Milk,
 | 1. -
 | a) Milk. |
| 1. Milk.
 | 1. Milk.
 | b) Milk. |
| **Tuesday** | **Tuesday** | **Tuesday** |
| 1. Celery
 | 1. - | 1. Milk. |
| 1. Celery.
 | 2. Egg, Milk, Cheese, Rapeseed Oil | 2. Milk. |
| 1. Eggs, Milk, Cereal, Wheat, Gluten, Raspberry Seeds
 | 1. Cereal, Egg, Milk.
 | a) Cereal, Gluten, Egg, Milk, Wheat. |
| 1. Milk.
 | b) Milk. | b) Milk |
| **Wednesday** | **Wednesday** | **Wednesday** |
| 1. Cereal, Gluten, Egg, Milk
 | 1. Celery.
 | 1. Celery, Milk, Egg, Wheat. |
| 1. Celery, Gluten, Egg, Milk
 | 2. Celery. | 2. Wheat, Milk, Egg, Celery. |
| 1. Egg, Milk, Cereal, Soya, Gluten.
 | 1. Cereal, Gluten, Milk, Egg, Soya.
 | a) Cereal, Gluten, Egg,  |
| 1. Milk
 | b) Milk | b) Milk |
| **Thursday** | **Thursday** | **Thursday** |
| 1. -
 | 1 - | 1. - |
| 1. Cereal, Egg, Gluten, Nuts, Peanuts
 | 2. Celery. | 2. Cereal, Mustard, Gluten, Milk. |
| 1. Eggs, Cereal, Gluten
 | a) Eggs, Milk, Cereal, Gluten.  | a) Eggs, Milk, Cereal, Wheat, Gluten |
| 1. Milk
 | b) Milk | b) Milk |
| **Friday** | **Friday** | **Friday** |
| 1. Cereal, Milk, Sesame, Wheat, Celery, Gluten
 | 1. Cereal, Gluten, Mustard, Fish, Wheat, Egg. | 1. Celery, Wheat. |
| 1. Cereal, Milk, Sesame, Wheat, Celery, Gluten.
 | 2. Cereal, Gluten, Milk, Mustard. | 2. Celery, Wheat. |
| 1. Milk, Egg.
 | a) Milk | a) Milk |
| 1. Milk.
 | b) Milk | b) Milk |

Allergens in packed lunches and bread (served daily):

|  |  |
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| Cheese packed lunch | Wheat, gluten, barley, soya, milk,  |
| Ham packed lunch | Wheat, gluten, barley, soya, milk,  |
| Bread | Wheat, Barley, Palm Oil |
| Cheddars | Milk, barley, wheat |